LITANY OF A HUMBLE MAN

- From the wish to be loved by people, protect us, Jesus!
- From the desire to be praised, deliver us, Jesus!
- From the desire to be honoured, deliver us, Jesus!
- From the wish to be preferred to others, protect us, Jesus!
- From the wish to become a counselor, deliver us, Jesus!
- From the desire to live comfortably, deliverer us, Jesus!
- From fear of being disgraced, deliver us, Jesus!
- From fear of being slandered, deliver us, Jesus!
- From fear of being rejected by people, deliver us, Jesus!
- From fear of being libelled, deliver us, Jesus!
- From fear of being forgotten by people, deliver us, Jesus!
- From fear of being mocked, deliver us, Jesus!
- From fear of being unjustly ridiculed, deliver us Jesus!

Hand-written prayer of Lucien Botovasoa which he kept in his Franciscan handbook
THE GOOD QUALITIES OF LUCIEN BOTOVASOA

**The theological virtues:**
- **Faith:** He entrusted God with his life
- **Hope:** He showed great hope to follow Jesus
- **Charity:** He loved everyone by living on alms

**The human virtues:**
- **Justice:** He disliked betraying and telling lies
- **Prudence:** allowed him to choose what is truly good
- **Temperance:** He received his choice joyfully
- **Strength:** enabled him to overcome any temptation
- **He was a man of fellowship:** bringing together those who didn’t share the same ideas in different social ranks, tribes,…
- **He loved Nature:** He despised killing animals, even domestic ones.
- **He always shared his Joy:** nobody ever saw him angry

THE PENITENT SECULAR FRANCISCAN

- **WORSHIPS GOD:**
  - **PRAYERS:**
    - Daily mass
    - Saying the rosary, praying at midnight
  - **CONFESSION:**
    - Once a week
  - **FASTS:**
    - Twice a week (Wednesday and Friday)
  - **THANKS GOD FOR EVERYTHING:**
    - Ad majorem Dei Gloriam

- **LOVE YOUR NEIGHBOUR**
- **AVOID SINNING**
- **RECEIVE HOLY COMMUNION**
  - Meditates every day by spending an hour in thought before Mass in front of the Blessed Sacrament.